

Development of the Sarcoma **Assessment Measure - SAM**

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Introduction

- Patient experience is central to evaluating quality of care in the NHS
- Currently, the only Patient Reported Outcome
 Measure (PROM) used nationally in sarcoma is the
 Cancer Patient Experience Survey
- Incorporating PROMs in clinical practice improves processes, outcome and satisfaction with care
- PRO reporting improves perception of care, enhances communication and reduces psychological distress





- Essential to chose appropriate PROM = true reflection of experience
- PROMs for sarcoma?
 - Bt-DUX (Bekkering et al. 2009)
- Are experiences the same across all cancer types, across all sarcomas?
 - If yes Item bank
 - If no Develop Sarcoma-specific PROM



What do we know about patients experience of sarcoma?

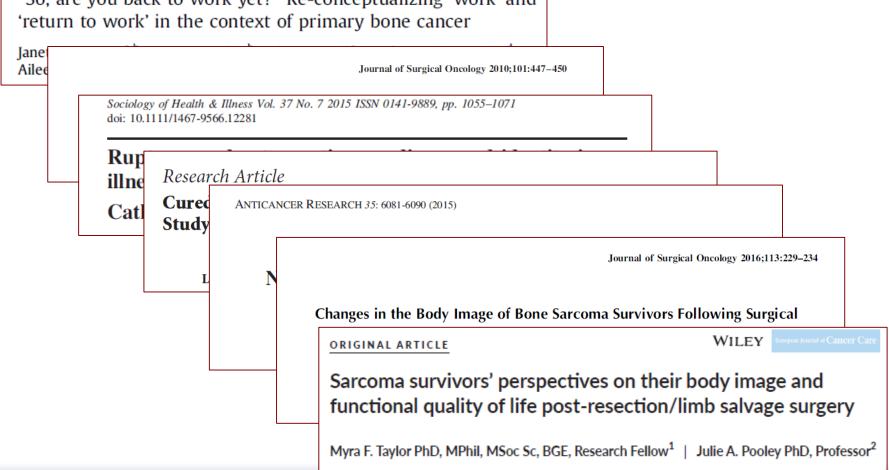
- Literature search to December 2017
 - Qualitative studies describing experience
 - Quantitative studies measuring outcomes
- ☐ 118 studies are potentially eligible
 - Qualitative = 9
 - Quantitative = 109
- ☐ BT = 48%, STS = 14%, GIST = 6%, mixed = 30%





Qualitative studies

"So, are you back to work yet?" Re-conceptualizing 'work' and 'return to work' in the context of primary bone cancer







Quantitative studies

Psychoneurotical Sexual health Post-traumatic self-worth Self-esteem Reintegration global Sexuality Everyday Expectations stress finding symptoms Anxiety normal Social Psychosocial Self-perception distress life competence Resilience Body contentment satisfaction support Benefit image Mental activity General Depression attainment factors Limitations Cognitive adaptation functioning Coping Emotional perceptions Self-efficacy towards future Unclear status Psychological Negative-positive effects Self-concept well-being





What do we know about patients experience of sarcoma?

Not a lot!

- Different experience to those with other cancer types
- Unclear if there are different experience according to type of sarcoma



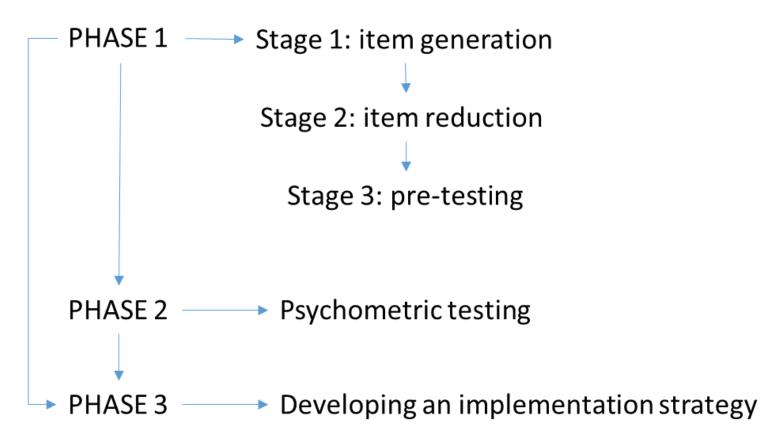


Aims

- Develop and validate the Sarcoma Assessment Measure (SAM)
- Develop a strategy for maximising utility in practice



Phases of development

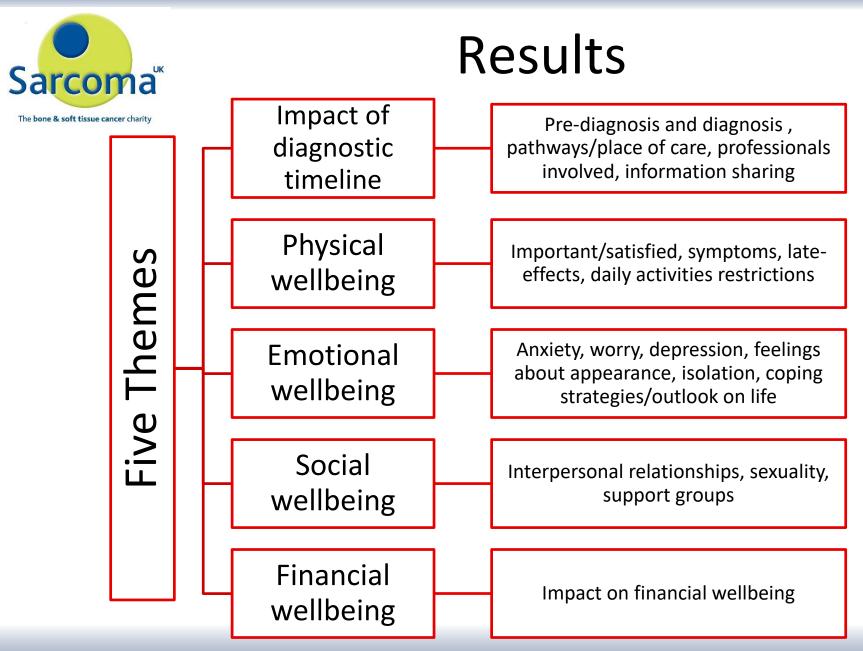




Item generation

- Aim: understand experiences of living with and beyond a sarcoma diagnosis
- Methods: semi-structured interviews
- Participants:
 - n = 121
 - 50% male
 - Aged 13 82 years (M = 50.2 SD = 17.5)
 - STS = 62%, BT = 28%, GIST = 10%









Structure of SAM

- Quality of life framework
- Content analysis
 - Physical wellbeing (n = 317)
 - Emotional wellbeing (n = 507)
 - Social wellbeing (n = 411)
 - Financial wellbeing (n = 104)
 - Sexuality (n = 64)



Item reduction: Professional review

- All 1,403 items reviewed by 4 clinicians, 4 researchers and 2 patient representatives
- Remove redundant and repetition
- Reworded quotes to item 'language'
- Item Reduction Questionnaire (n = 393):
 - Physical wellbeing (n = 121)
 - Emotional wellbeing (n = 146)
 - Social wellbeing (n = 67)
 - Financial wellbeing (n = 33)
 - Sexuality (n = 26)





Item reduction: Patient expert review

- ☐ Starting 1st March 2018
- Complete the Item reduction Questionnaire
 - How important is this item to you?
 - How often do you worry about this?
- Anticipated completion July 2018
- What is different to existing QOL measures?
- Differences according to heterogeneity?





Develop and pre-test SAM

- Content validity
 - Review by the multi-disciplinary team
 - Review by patients
- Establish comprehension
 - Interviews with patients
 - Can patients understand the items?
 - Can respondents answer the items?
 - Are questions too sensitive?





Testing SAM

- Complete the final version of SAM
- + Established measure of QOL
- + A.N.Other PROM
- Analysis against a set of hypotheses



Implementation strategy

- How will SAM benefit patients?
- How can healthcare professionals use SAM?
- What are the organisational facilitators and barriers?
- Develop the strategy for implementing SAM into practice



Summary

- Achieved to date:
 - Collated existing knowledge
 - Data on patient's experiences of sarcoma
 - Developed the items that potentially include in SAM
 - National engagement of patients and professionals





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Questions?

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