

***Challenges (and opportunities)  
in approaching a  
Non KIT/PDGFRA mutated GIST***

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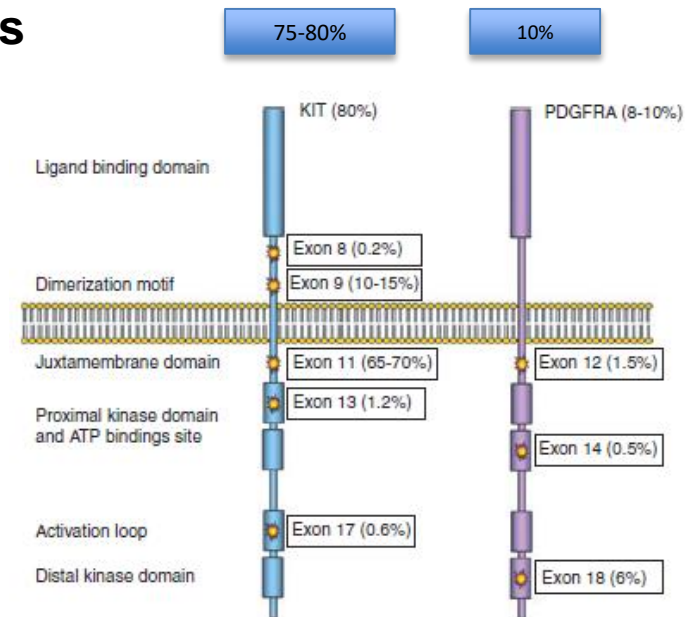
Cambridge University Hospitals

# Gastrointestinal Stromal Tumours

- We have come a long way since
  - Seiichi Hirota 1998 Gain of function mutations of c-kit in GISTs
  - First GIST patient treated with Imatinib 2001 NEJM
  - Imatinib approved for metastatic/inoperable GIST
  - 2<sup>nd</sup> line Sunitinib (2006) and 3<sup>rd</sup> line Regorafenib (2012)

## Most common genes involved in tumorigenesis

- KIT and PDGFRA—Chr 4
- Mutually exclusive
- 15% of GISTs
  - No activating mutations in KIT/PDGFRFA
  - **WILD Type** term used to describe these
  - Non KIT Non PDGRFA mutant GISTs



# WILD type GIST

- Perhaps we should back off from using the term WILD type
- May hinder or slow down the understanding of the biology
- Heterogeneity is acknowledged
- Define individual subtypes of WILD type GISTs
- This may help in understanding the biology, identifying oncogenic drivers and likely to lead to tailored treatments based on biology

# How far have we come since the identification of KIT/PDGFR $\alpha$ mutant GISTs ?

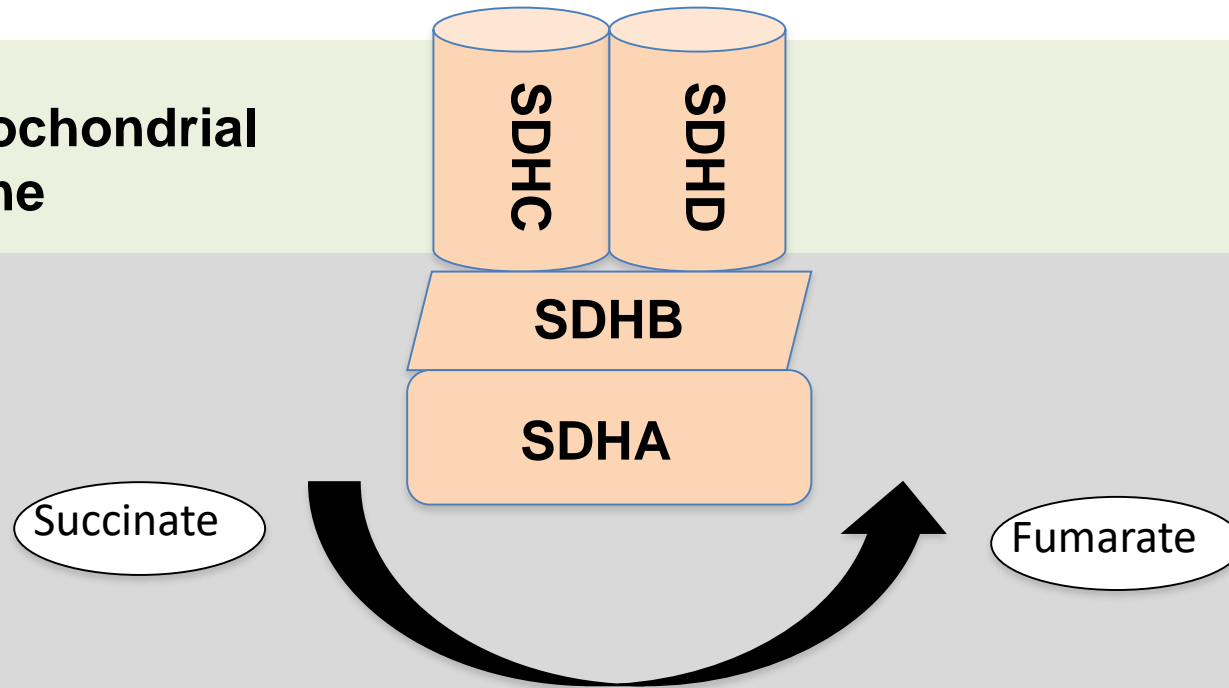
- New oncogenic drivers and pathways
  - BRAF mutant GISTs
  - NTRK fusion GISTs
  - FGFR pathway
  - Possibly others yet to be discovered
- Succinate dehydrogenase (SDH) deficient GISTs
- GISTs associated with NF1 syndrome
- Descriptive terms
  - Quadruple negative GISTs (KIT, PDGFR $\alpha$ , BRAF WT and SDH preserved)
  - Quintuple negative GISTs (KIT, PDGFR $\alpha$ , BRAF WT, SDH preserved, no NTRK fusion)

# Classification of non *KIT* and non *PDGFRA* mutant GIST

- Step 1 is to determine if the GIST has a functioning SDH enzyme- 'SDH deficient' or 'SDH preserved'

# Succinate dehydrogenase

Inter mitochondrial  
membrane

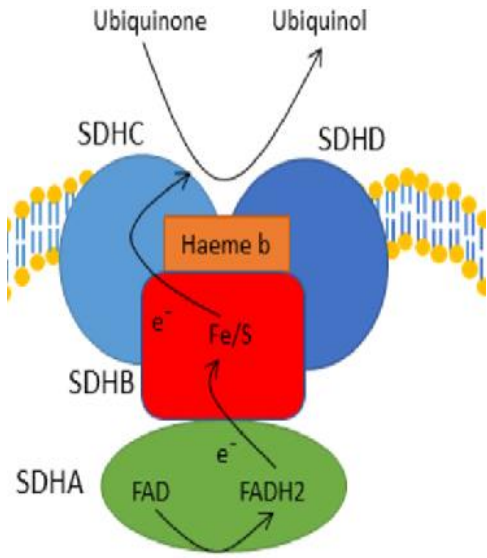


Succinate

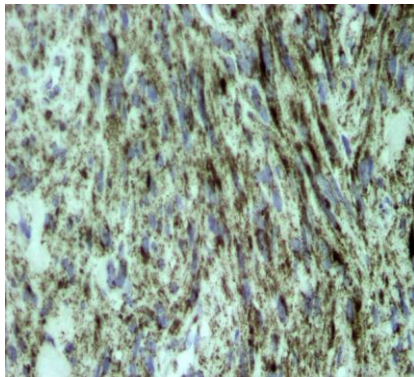
Fumarate

Mitochondrial matrix

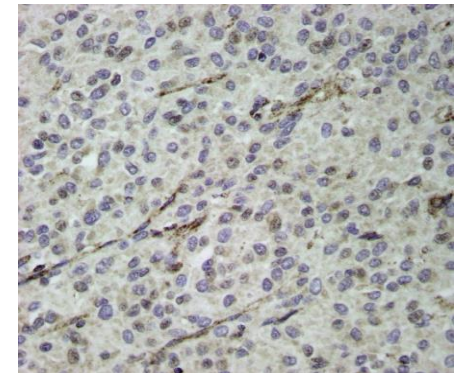
# SDHB Immunohistochemistry



- **SDHB protein is at the core of the SDH complex**
- **A pathogenic variant in any of the four *SDHx* genes will affect expression of the SDHB protein**
- **Antibody directed against SDHB protein can be used to detect *SDHx* gene mutations**



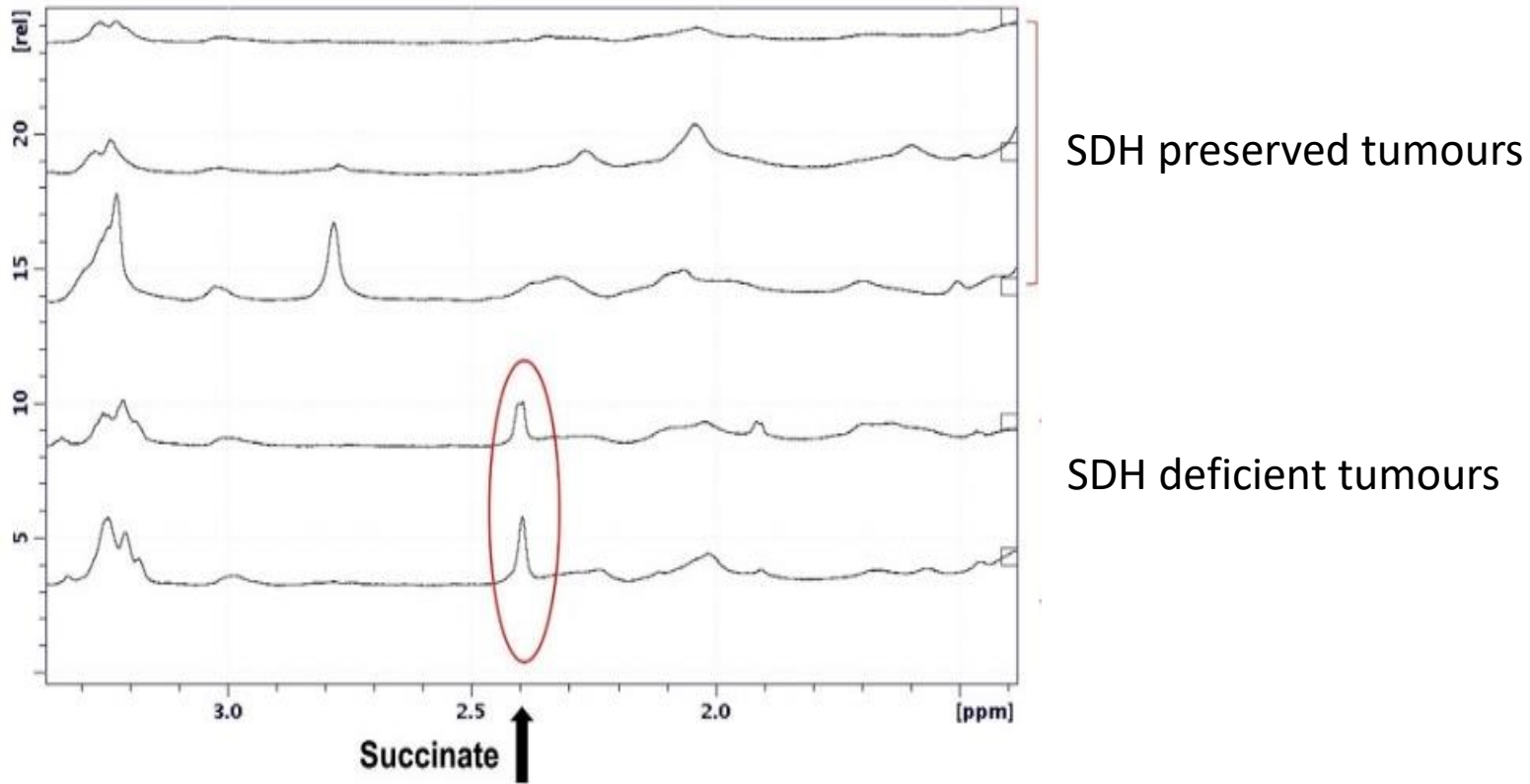
SDH proficient GIST



SDH deficient GIST

# Testing for SDH status of GIST

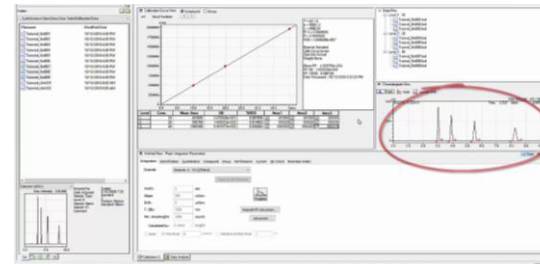
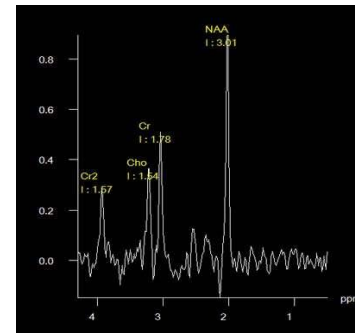
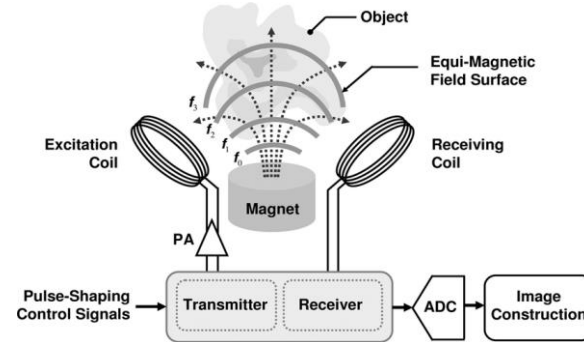
Accumulation of the metabolite succinate in the excised tumour sample :

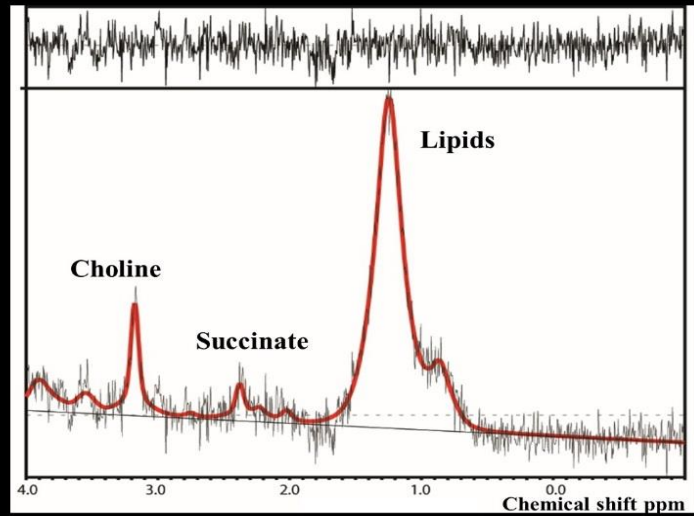
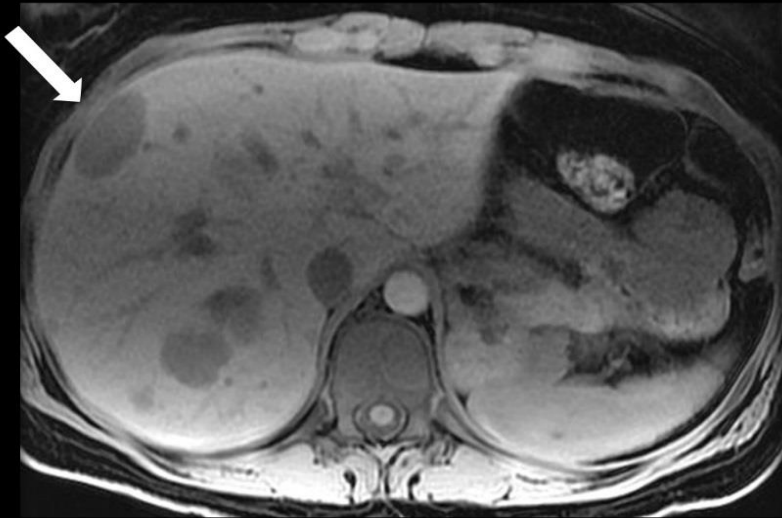
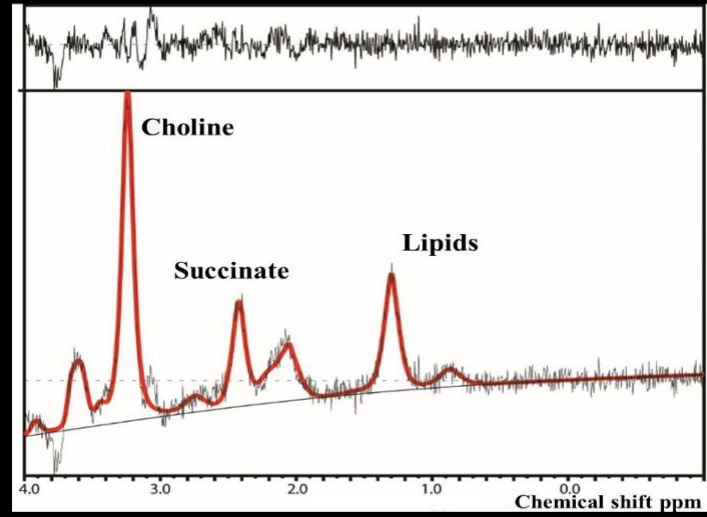
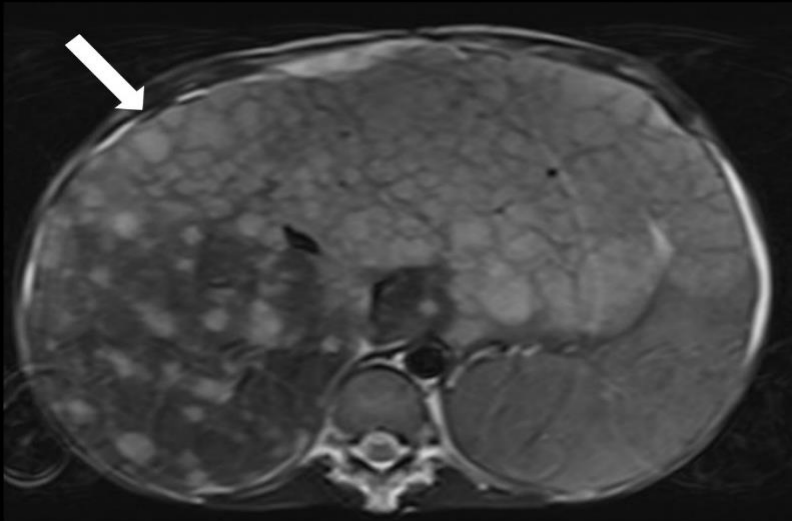


# Detecting succinate in tumours using MRI spectroscopy

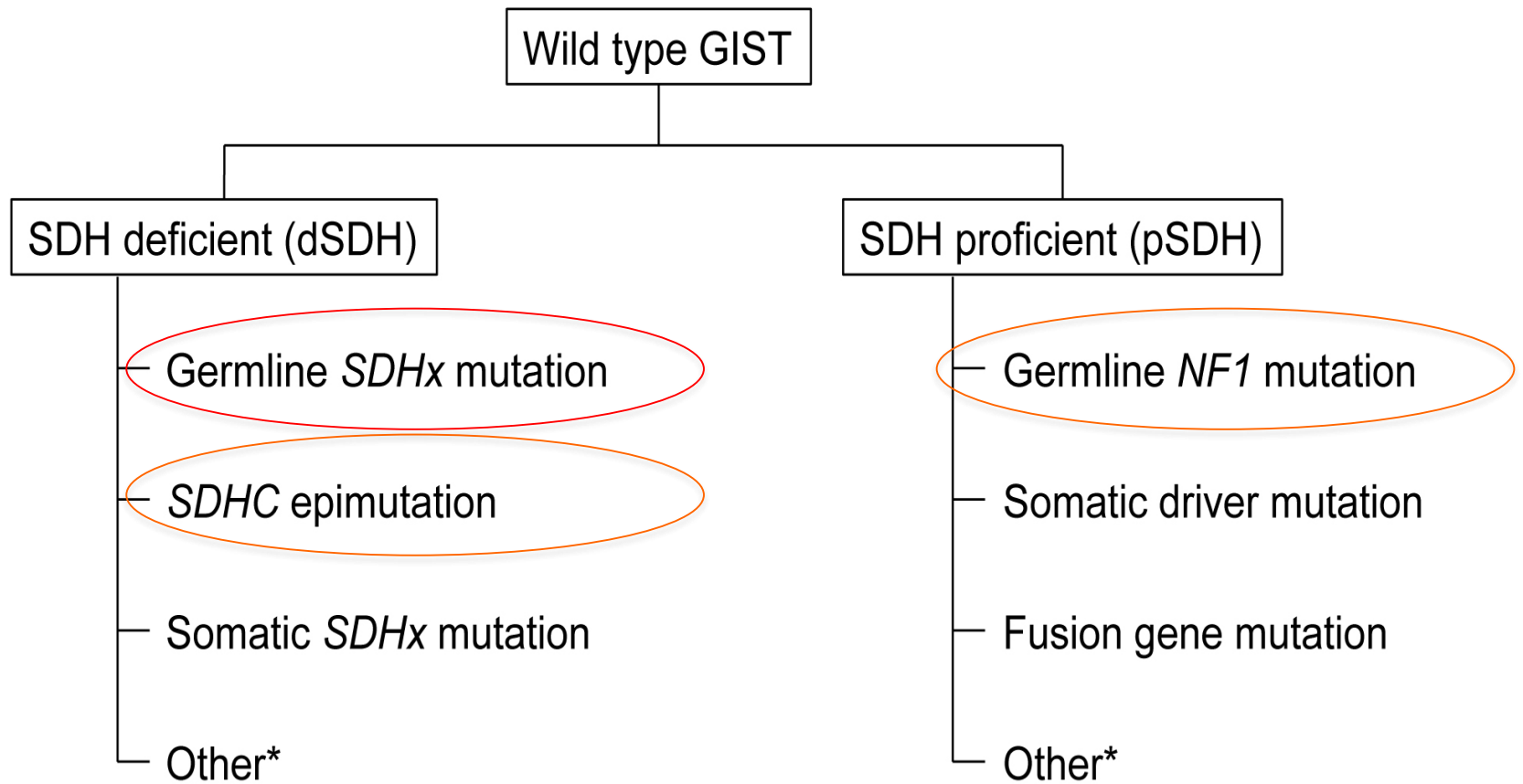
## H<sup>1</sup>-MRS

- 3T MRI scanner
- Non-contrast MRI
- Adjustment of magnetic field homogeneity pre-scan
- Spectra acquisition 15 mins
- Analysed using specific software and by an expert spectroscopist





# Classification of non *KIT* and non *PDGFRA* mutant GIST



# Succinate dehydrogenase gene mutations

- Germline mutations in *SDHA/SDHB/SDHC/SDHD*
- Account for 30% of all hereditary cases of PPGL
- Increased risk of malignancy
- Lifetime risk of multi-focal and synchronous tumours
- Predispose to PPGL, GIST, RCC and pituitary tumours



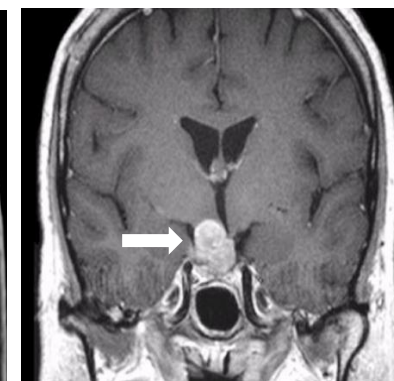
**PPGL**



**GIST**

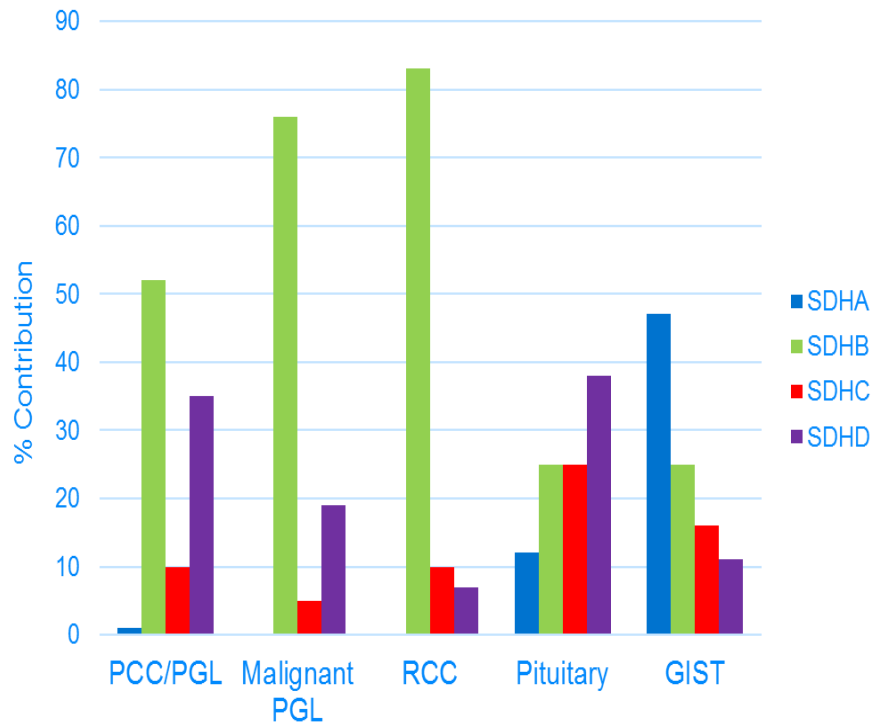


**RCC**



**Pituitary  
adenoma**

# Genotype-Phenotype correlations



## Toward an improved definition of the genetic and tumor spectrum associated with *SDH* germ-line mutations

Lucie Evenepoel, MS<sup>1-3</sup>, Thomas G. Papatomas, MD<sup>2</sup>, Niels Krol, BS<sup>2</sup>, Esther Korpershoek, PhD<sup>2</sup>, Ronald R. de Krijger, MD, PhD<sup>2,4</sup>, Alexandre Persu, MD<sup>1</sup> and Winand N.M. Dinjens, PhD<sup>2</sup>

TABLE 1 Phenotype described in association with specific *SDHx* gene subunits

<i>SDHx</i> subunit gene	PC	HNPGL	Thoracic PGL	Malignant PGL	Abdominal/pelvic PGL	wtGIST	RCC	PA
SDHA	+	+	+	+	+	+++	+	+
SDHB	+	++	++	+++	+++	++	+++	+
SDHC	+	++	+	+	++	++	+	+
SDHD	++	+++	+	+	+	+	+	+

Abbreviations: HNPGL, Head and neck paraganglioma; PA, pituitary adenoma; PC, pheochromocytoma; PGL, paraganglioma; RCC, renal cell carcinoma; wtGIST, wild-type gastrointestinal stromal tumour.

\*This table is based on reported frequencies of tumours in association with the specific *SDH* subunit mutations.

MacFarlane J, et al. A review of the tumour spectrum of germline succinate dehydrogenase gene mutations: Beyond pheochromocytoma and paraganglioma. *Clin Endocrinol (Oxf)*. 2020 Jul 19. doi: 10.1111/cen.14289

# Penetrance of tumours in *SDHx* mutation carriers

Kaplan Meier analysis, Andrews et al. 2018:

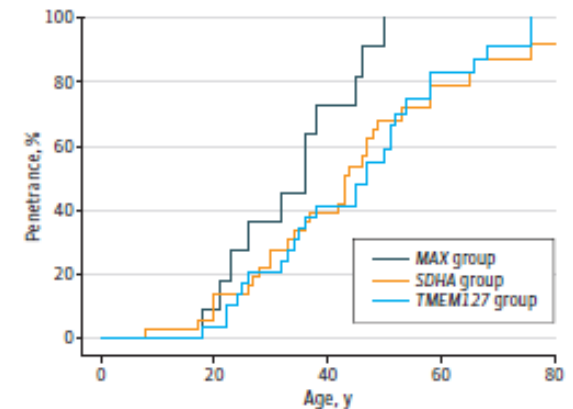
Penetrance by age 60:	PPGL/HNPGL
SDHB – non-probands	23%
SDHC – non-probands	25%
SDHD – non-probands	50%

Bayesian analysis, Benn et al. 2018:

Lifetime penetrance:	PPGL/HNPGL
SDHA	1.7%
SDHB	22%

Kaplan Meier analysis, Bausch et al. 2017:

Figure 1. Age-Related Penetrance of Any Pheochromocytoma and Paraganglioma



No. at risk	0	20	40	60	80
MAX group	11	10	3	0	0
SDHA group	37	35	21	6	1
TMEM127 group	29	28	17	4	0

Kaplan-Meier analysis includes all 57 symptomatic probands (index patients) and 20 relatives (n = 77) with germline mutations of the *SDHA* (succinate dehydrogenase subunit A) (n = 37), *MAX* (Myc-associated factor X) (n = 11), and *TMEM127* (transmembrane protein 127) (n = 29) genes from this study.

- Benn DE, Zhu Y, Andrews KA et al. **Bayesian approach to determining penetrance of pathogenic SDH variants.** J Med Genet. 2018 Sep 10. pii: jmedgenet-2018-105427.
- Bausch B, et al. **Clinical Characterization of the Pheochromocytoma and Paraganglioma Susceptibility Genes SDHA, TMEM127, MAX, and SDHAF2 for Gene-Informed Prevention.** JAMA Oncol..

# Asymptomatic Paediatric *SDHx* carriers

<i>SDHx</i> subunit gene	Penetrance at age 5 y		Penetrance at age 10 y		Penetrance at age 16 y		Penetrance at age 18 y	
	PPGL	HNPGL	PPGL	HNPGL	PPGL	HNPGL	PPGL	HNPGL
<i>SDHB</i> n = 598	0.17% [95% CI 0.0-0.51]	0%	1.7% [95% CI 0.67-2.8]	0%	7.6% [95% CI 5.4-9.8]	0.38% [95% CI 0.0-0.90]	10.2% [95% CI 7.6-12.7]	0.58% [95% CI 0.0-1.2]
<i>SDHD</i> n = 137	0%	0%	0.28% [95% CI 0.0-0.82]	0%	3.1% [95% CI 0.062-6.0]	1.6% [95% CI 0.0-3.7]	7.0% [95% CI 2.5-11.3]	3.2% [95% CI 0.063-6.1]
<i>SDHB</i> <sup>a</sup> n = 371	0%	0%	0.28% [95% CI 0.0-0.82]	0%	1.2% [95% CI 0.023-2.4]	0%	2.2% [95% CI 0.56-3.7]	0.32% [95% CI 0.0-0.94]
<i>SDHD</i> <sup>a</sup> n = 67	0%	0%	0%	0%	0%	0%	6.4% [95% CI 0.13-12.3]	1.7% [95% CI 0.0-4.9]

NB. No confidence intervals are given before the first noncensored event (if no children in the cohort have experienced tumours by the age specified).

HNPGL, head and neck paraganglioma; PPGL, pheochromocytoma and paraganglioma.

<sup>a</sup>Nonproband gene carriers only (probands excluded from analysis).

# Adult asymptomatic *SDHx* carriers

Gene	Recommended surveillance
<i>SDHB</i>	<ul style="list-style-type: none"><li>• Annual clinical review and biochemistry</li><li>• Abdominal imaging at baseline and if normal every 12-24 months</li><li>• MRI/CT of neck, thorax at baseline and if normal every 3 years</li></ul>
<i>SDHD</i>	<ul style="list-style-type: none"><li>• Screening should only be offered to patients who have a <u>paternally</u> inherited <i>SDHD</i> variant *</li><li>• Annual clinical review and biochemistry</li><li>• Abdominal imaging and MRI/CT of neck, thorax at baseline and if normal every 3 years</li></ul>
<i>SDHC</i>	<ul style="list-style-type: none"><li>• Annual clinical review and biochemistry</li><li>• Abdominal imaging and MRI/CT of neck, thorax at baseline and if normal every 3 years</li></ul>
<i>SDHA</i>	<ul style="list-style-type: none"><li>• Annual clinical review and biochemistry</li><li>• Abdominal imaging and MRI/CT of neck, thorax at baseline and if normal every 3-5years</li></ul>

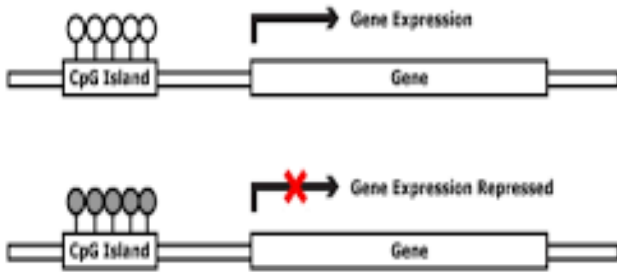
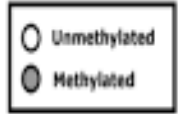
# Suggested surveillance for asymptomatic paediatric *SDHx* carriers:

<b><i>SDHB</i></b>	<b>Age</b>
Genetic testing	5 years
Clinical evaluation	5 years
Biochemical testing	5 years
Imaging (MRI or if not tolerated US) Repeat every 2-3 years	10 years

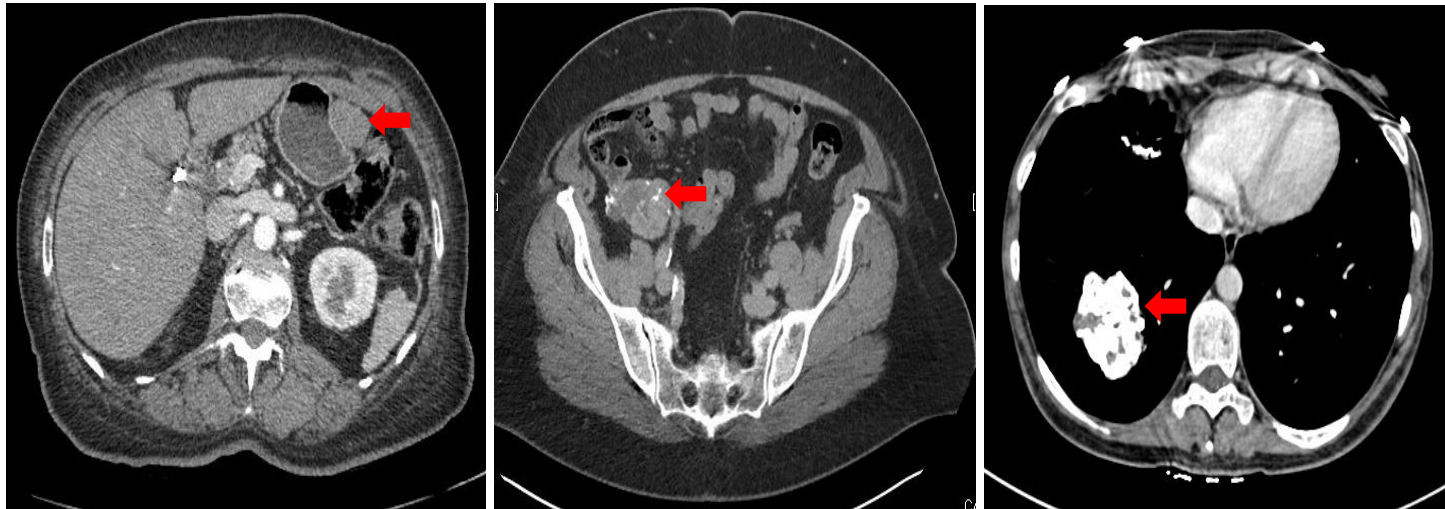
<b><i>SDHA, SDHC, SDHD</i></b>	<b>Age</b>
Genetic testing	10 years
Clinical evaluation	10 years
Biochemical testing	10 years
Imaging (MRI or if not tolerated US) Repeat every 3-5 years*	15 years

# Epi-mutation in *SDHC*

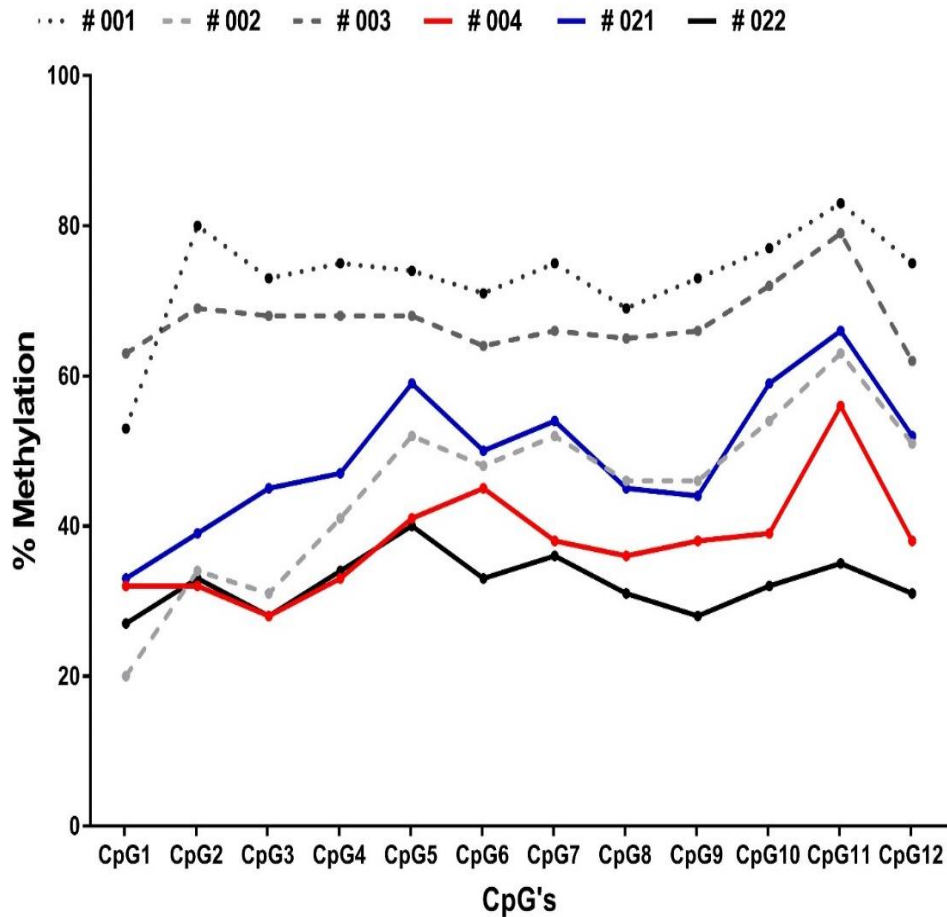
DNA Cytosine Methylation



“Carney’s Triad”

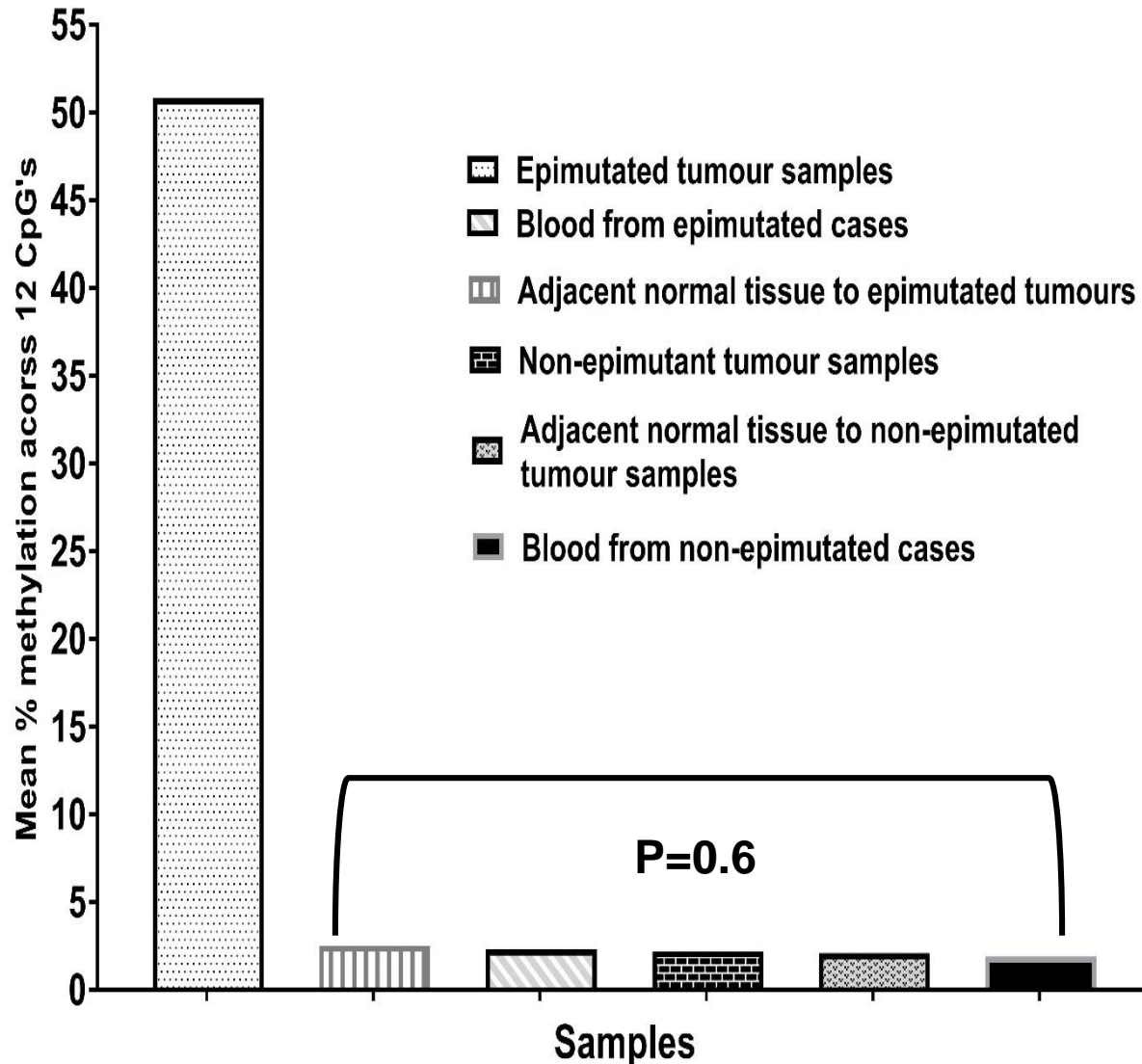


# Epimutant cases



- Comparing epimutated cases with non-epimutated cases an association was made with :
- wtGIST (P=0.005)
- Female sex (P=0.02)
- Metastatic disease (P=0.03)
- Younger age at diagnosis
- Multiple primary tumours (P=0.03)

# Epimutation somatic v's constitutional?

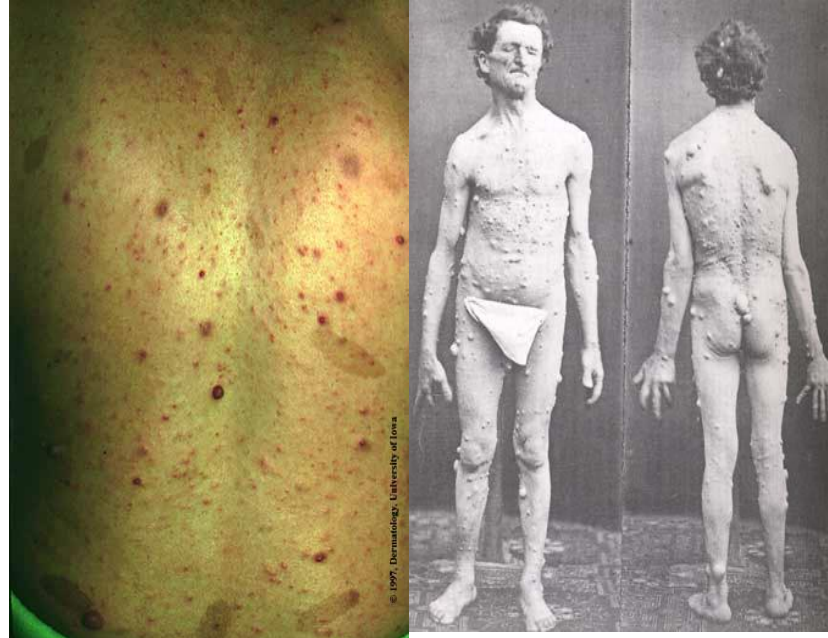


# Screening for patients with an *SDHC* epimutation

- **Screening protocol needed is not clear**
- **We advise screening for PPGL should follow similar guidance as for *SDHA* germline mutations for the patient**
- **No family screening recommended**

# Neurofibromatosis Type 1

- Autosomal dominant *NF1* gene
- CAL, cutaneous neurofibromas, Lisch nodules, axillary freckling, optic tumours, nerve sheath tumours, neuroendocrine tumours
- Lifetime risk of phaeochromocytoma ~2%



# GIST in NF1

- A retrospective register based study looking for a diagnosis of GIST identified 1410 diagnoses in NF1 patients between 1987-2013
- Tumours are most commonly in the small bowel and can be multiple

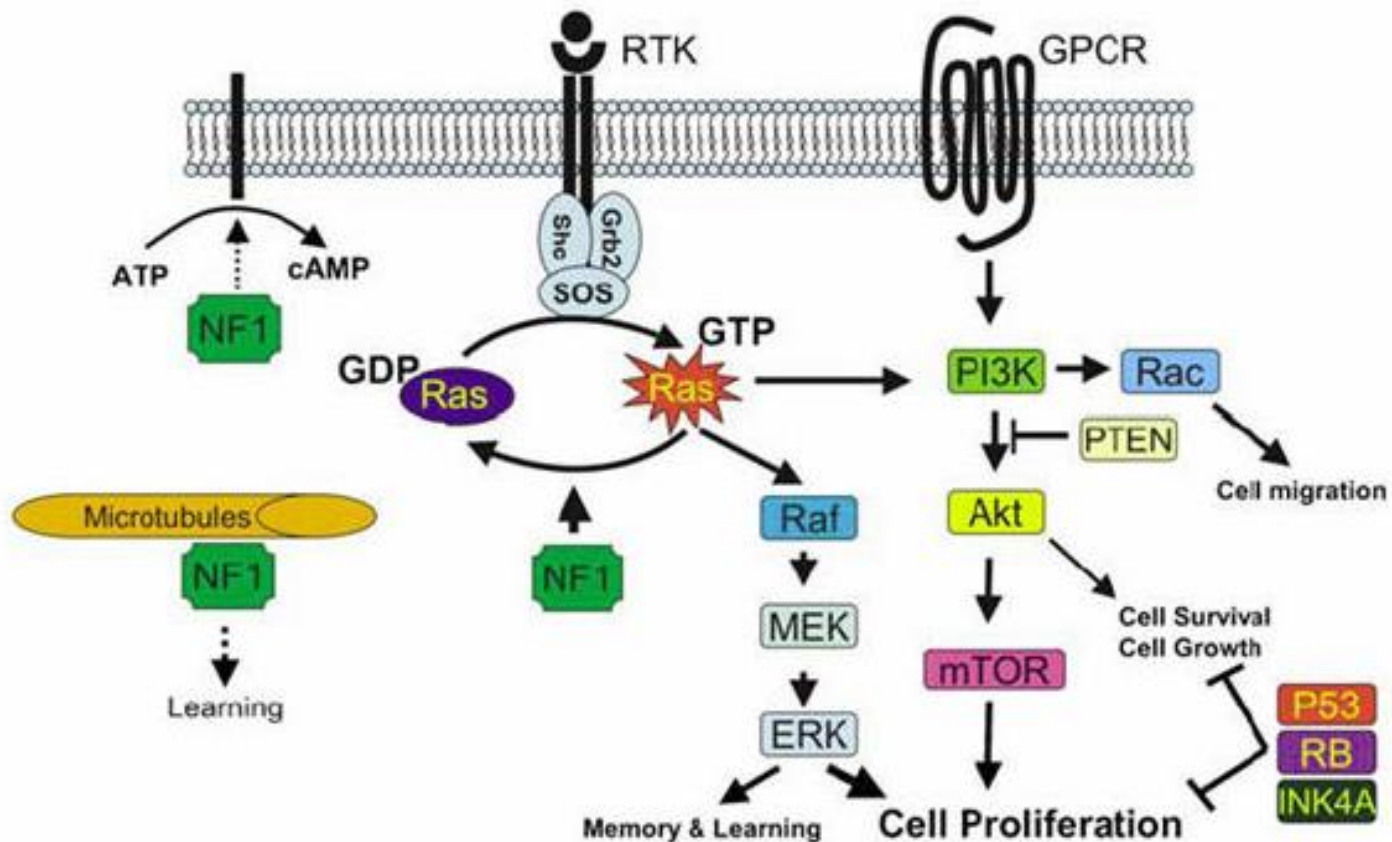
# What is the standard of care for Non KIT/PDGFRα GISTs ?

- Oncogenic driver identified
  - Eg BRAF mutant—BRAF kinase inhibitors
  - NTRK fusion GIST—NTRK inhibitors (agnostic license)
- What about the three TKIs we have right now?
  - Imatinib—no benefit—anecdotal cases of ‘response’—could be just the natural history of GIST
  - Sunitinib—some activity in SDH def GISTs
  - Regorafenib— some activity in SDH def GISTs & NF1 GISTs
  - Concern re long term side effects of multi targeted TKIs in younger patients

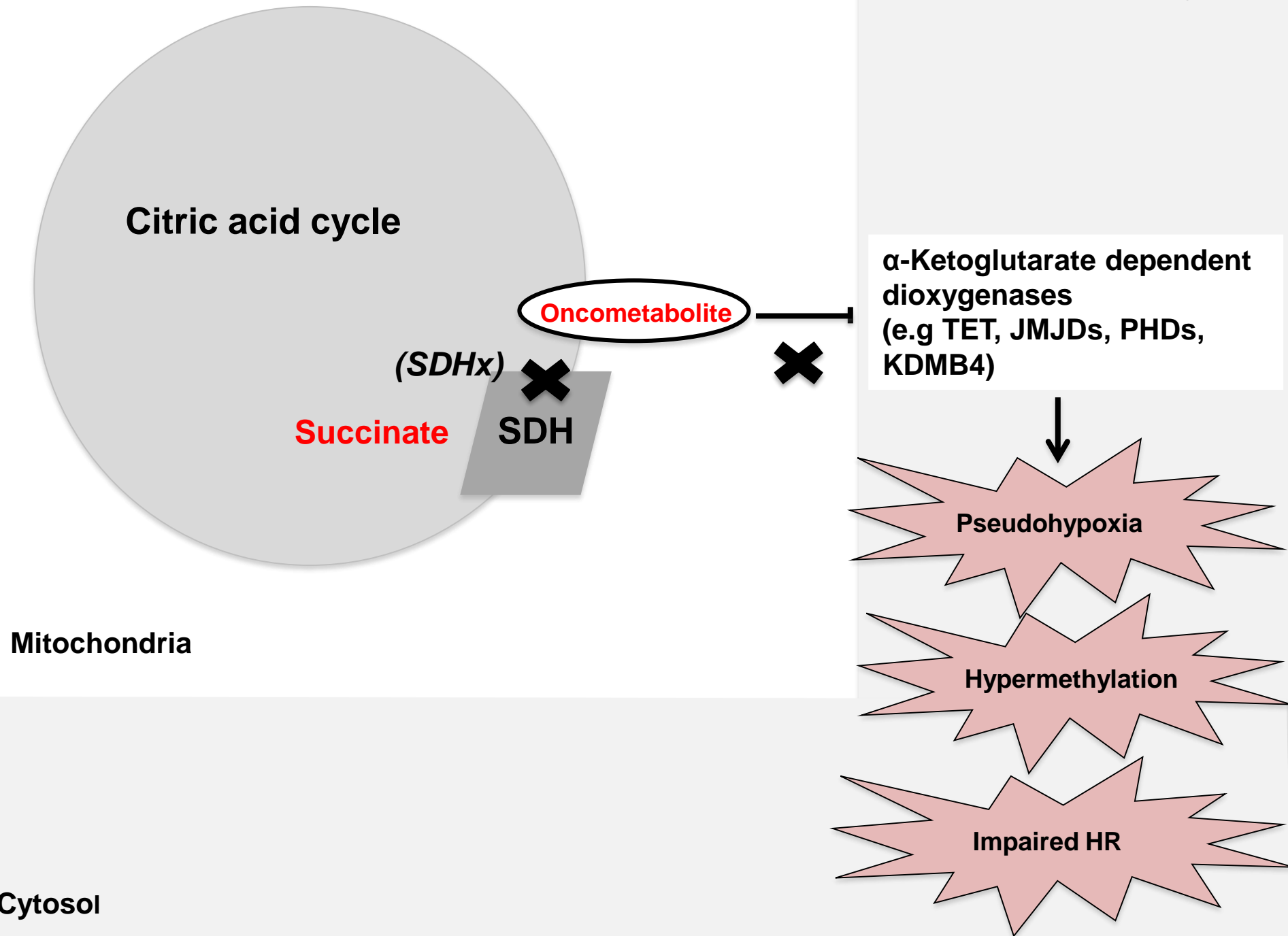


# Molecular biology

## 1. *NF1* mutated tumours



## 2. SDHx mutated tumours



# Personalised medicine



**Symptoms**  
**Quality of life**  
**Disease biology and location**  
**Personal wishes**



**Side effects of treatment**  
**Drug efficacy**  
**Evidence based medicine**  
**Institutional and national protocols**



# So what can we do?

- Clinical trials
  - Biology based
  - Multi centre, multi national
  - Patient driven
- Learn from other cancers—Local interventions
  - Surgical debulking
  - Radiofrequency Ablation (RFA)
  - Embolization
  - Selective Internal Radiotherapy
  - External beam radiotherapy

# Clinical Trials

- Guadecitabine NIH study
- SDH-deficient GIST, PHEO/PGL, and HLRCC-associated renal cell carcinoma.
- Patients >12 years of age received guadecitabine subcutaneously at 45mg/m<sup>2</sup>/day for 5 consecutive days on a 28-day cycle
- Activity via imaging response was assessed utilizing RECISTv1.1
- No patients had a complete or partial response
- In this single site, open label, phase II study in patients with SDH-deficient GIST, PHEO/PGL, and HLRCC-associated renal cell cancer guadecitabine was tolerated by the majority of patients.
- [Clinical trial information: NCT03165721](#)

A phase II trial of the DNA methyl transferase inhibitor, SGI-110 (Guadecitabine), in children and adults with SDH-deficient GIST, pheochromocytoma, and paraganglioma, and HLRCC-associated kidney cancer.

[Mary Frances Wedekind](#), [Jaydira Del Rivero](#), [Fernanda Irene Armaldez](#), [Ramaprasad Srinivasan](#), [Melissa Spencer](#), [Seth M. Steinberg](#), [Cody J. Peer](#), [William Douglas Figg](#), [Jonathan Keith Killian](#), [Paul S. Meltzer](#), [W. Marston Linehan](#), [Brigitte C. Widemann](#), [John Glod](#)

Pediatric Oncology Branch, NCI, NIH, Bethesda, MD; Center for Cancer Research, National Cancer Institute, National Institutes of Health, Bethesda, MD; National Institutes of Health, Bethesda, MD; National Cancer Institute at the National Institutes of Health, Bethesda, MD; NCI, Bethesda, MD; Biostatistics and Data Management Section, National Cancer Institute, NIH, Bethesda, MD; National Cancer Institute, Bethesda, MD; Clinical Pharmacology Program, National Institutes of Health, Bethesda, MD; Foundation Medicine, Cambridge, MA; Center of Cancer Research, Bethesda, MD; Pediatric Oncology Branch, Center for Cancer Research, National Cancer Institute, National Institutes of Health, Bethesda, MD

Why did we not see a 'signal' in this cohort of patients????!!!

# NF1 GISTs

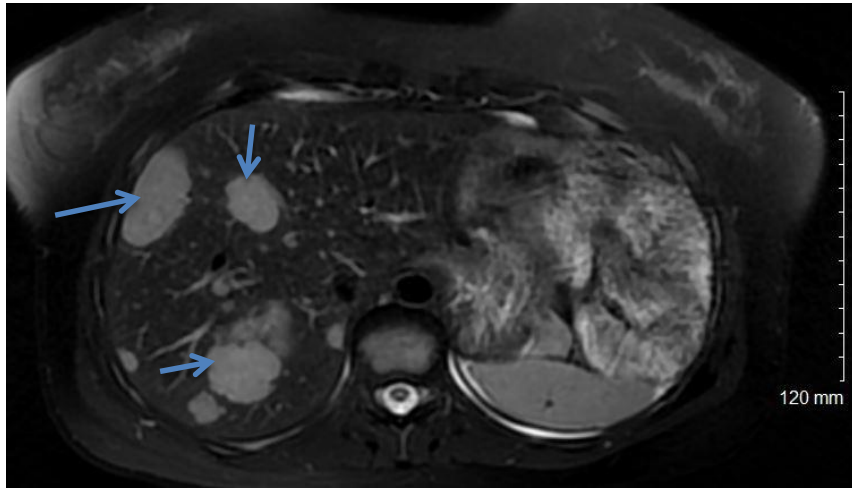
- Selumetinib in NF1 GISTs—NIH study
- Mitogen Activated Protein Kinase Kinase (MEK1/2) Inhibitor Selumetinib (AZD6244 Hydrogen Sulfate) in People With Neurofibromatosis Type 1 (NF1) Mutated Gastrointestinal Stromal Tumors (GIST)
- [clinicaltrials.gov:NCT03109301](https://clinicaltrials.gov/NCT03109301)
- Closed due to poor (NO) accrual
- Worth pursuing as part of multinational effort
- Dual inhibition RAF/MEK ??

# TEMOGIST Study

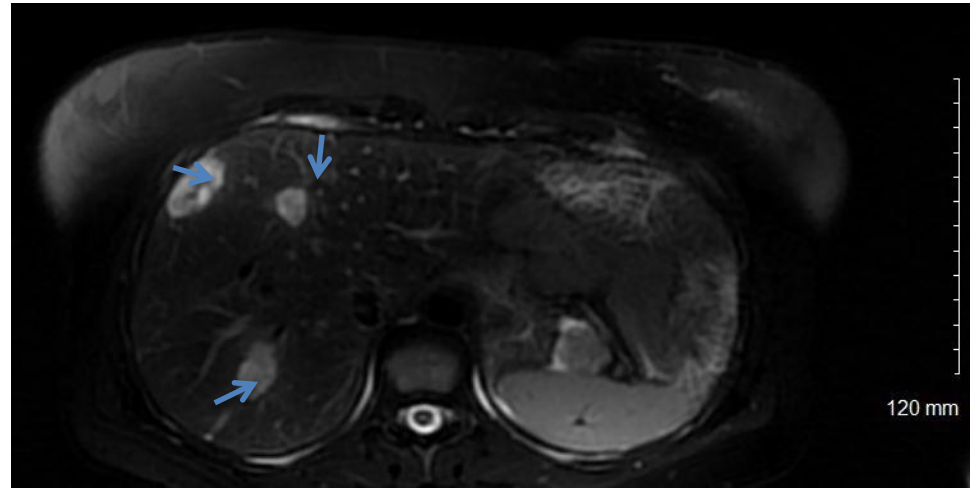
- Temozolomide (TMZ) In Advanced Succinate Dehydrogenase (SDH)-Mutant/Deficient Gastrointestinal Stromal Tumor (GIST)
- TMZ 85 mg/m<sup>2</sup> mg orally once for 21 days followed by 7 days without treatment in 28 day cycles.
- Treatment will continue for 6 months (with option to continue if benefiting treatment) or until disease progression or unacceptable toxicity
- Primary Outcome Measures :
  - Overall Response Rate [ Time Frame: 6 months ]To determine overall response rate at 6 months for TMZ therapy in patients with SDH-mutant/deficient GIST
- Secondary Outcome Measures □ : 1.Progression-free survival [ Time Frame: 4 years ]
  - 2.Overall survival [ Time Frame: 4 years ]
  - 3.Adverse events related to TMZ [ Time Frame: 6 months ]
- Ongoing
- Anecdotal reports of some efficacy (off label use in Europe/USA)

# SIRT in SDH deficient GISTs

Baseline pre SIRT Sept 2019  
Liver MRI



9 months post SIRT  
Liver MRI



# Summary

- Heterogeneity is the hallmark of 'wild-type' GIST
- Specialist multi-disciplinary team is key to the management
- Balancing the potential benefits of treatment versus effects on quality of life for each individual is critical
- Collaboration and clinical research at a national and international level will enable ongoing developments in this field
- Keeping patients and patient advocates at the centre should be the driver for successful progress



Thank you

Questions???

